

CELEBRATING 25 YEARS

PATHWAYS TO PROGRESS

Accelerating
the
Possibilities

Virtual Speaker Series: Leadership June 26, 2024, 12pm - 1pm via Zoom

Topics include:

- Mentorship
- Sponsorship
- WNYWF's Ready, Set, Lead! mentor program
- How these opportunities can accelerate your growth



Peggy Sullivan: Moderator

Peggy, a renowned keynote speaker, author, consultant, and researcher, has uncovered the damaging effects of busyness on health, happiness, and success. She's now sharing her solution worldwide, blending humor, heart, and honesty to help individuals and businesses escape the busyness trap. Her mission is to dispel the notion that "busy" equals success, enabling peak performance, self-care, and genuine happiness. Peggy's clientele spans from small teams to Fortune 500 giants like Google and Bank of America. Her upcoming book, "Beyond Busyness: How to Achieve More by Doing Less," details her actionable three-step "Busy Busting" method, which has transformed the lives of thousands.



Althea Luehrsen:

Althea, CEO of August Moon Consulting, LLC, brings over four decades of expertise in sales, marketing, strategic planning, and nonprofit management. Previously serving as CEO of Leadership Buffalo and in pivotal roles at the University at Buffalo, she holds degrees from SUNY Empire and SUNY Erie. Actively involved in various boards and organizations, including United Way's Women United and SUNY Erie Foundation, she co-founded Women Who Lead to empower women through mentorship. Althea's accolades include being recognized as one of the 250 Most Powerful People in Western New York (2023) and receiving the Executive of the Year award by Sales and Marketing Executives (2013). She is also a certified executive coach.



Meichle Latham:

Meichle is a strategic consultant and trauma-informed coach and counselor. In Fall 2023, she launched her own business after nearly 30 years in nonprofit service. Her empathetic, person-centered approach helps individuals and organizations clarify their purpose and achieve sustainable changes. She offers Pedi-Purpose, combining coaching with walking in nature to boost mental and physical health. Meichle volunteers with the WNY Women's Foundation's Ready, Set, Lead! and Leadership Buffalo, and serves on the West Seneca Youth and Recreation Commission and Woman's Club. Passionate about wellness, she enjoys networking walks, hiking, strength training, and traveling.



WNY WOMEN'S FOUNDATION

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741 Main St. Buffalo, NY 14203 | (716) 217-9056

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Cynthia Bass:

Cynthia joined ECMC in 2011 as a Benefits Analyst and was promoted to Human Resources Business Partner in 2015, where she recognized the need for Diversity, Equity & Inclusion (DEI) initiatives. Enhancing her expertise through the American Hospital Association Fellowship Program, she became Director of the Office of Diversity, Equity, and Inclusion in 2017 and recently advanced to Chief Diversity Officer, focusing on DEI strategies and collaboration with ECMC's leadership. Cynthia holds a Bachelor's in Human Resources and an MBA in Organizational Leadership from Medaille College. Actively involved in community service, she has received honors such as "2012 HR Professional of the Year," "2021 Black Achievers Awardee," and "2022 Top Diversity Officer in Healthcare."



Natalie Wasieczko:

Natalie is the Operations Manager for the Office of Diversity, Equity, and Inclusion at ECMC and the Founder of Queen City Revival, a volunteer group for young professionals in WNY. With extensive experience in human resources and DEI, she manages diversity operations, talent development, employee relations, and community engagement. Natalie has developed ECMC's DEI program for over 3,800 employees and led a team of 200+ in the Employee Resource Group Program. She holds a Master's in Organizational Leadership from Medaille College and a Bachelor's in Business Administration from the University at Buffalo. Natalie is also a member of several professional organizations and advisory boards.



Sydney Flanagan:

Sydney, the ALL IN Coordinator, manages outreach, relationship building, and programming for the WNY Women's Foundation's ALL IN initiative, focusing on inclusivity to empower women and gender minorities in Western New York. She holds a bachelor's degree from SUNY Fredonia in Business Administration and Women's and Gender Studies, and a master's from Arizona State University in Social Justice and Human Rights. Sydney previously worked at the University at Buffalo's office of Research and Economic Development, where she built relationships with local businesses and changemakers.



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