




Presents

**2023 WHAT
SHE'S
MADE OF**


Conversation > Community > Inspiration

**Highmark Stadium
May 22, 2023
5PM**



WNY WOMEN'S FOUNDATION

EVENT ITINERARY

5:00pm..... Event Begins

**5:00-6:15pm... Locker Room &
Stadium Experiences**

**6:40pm..... Proceed to
M&T Bank Club**

6:50pm..... Program Begins

8:00-9:00pm..... Afterparty

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Letter From Co-Chairs

Dear Supporters and Guests,

Welcome to What She's Made Of! We are so excited to be with you and celebrating Women in Medicine at Highmark Stadium! The mission of the WNY Women's Foundation is to create opportunities for each woman to learn, earn, lead, and thrive. Tonight, we are excited to share a conversation about how that manifests in medicine, and how we can work together to promote a healthy community, address health disparities, and raise awareness to improve outcomes.

Existing data shows that healthier women and their children contribute to more productive and better-educated societies. Moreover, the development and economic performance of nations depends, in part, upon how each country protects and promotes the health of women. Until recently, women's health care focused on breast cancer and conditions of the reproductive organs, ultimately fostering a limited approach to women's well-being. Leading up to the 1960s, research protocols focused almost exclusively on male animal and human cells. It wasn't until the 1980s that the medical community discovered that more women than men were dying of heart disease, which is, in fact, the leading cause of death for women in the United States. Finally, in 1990, the National Institutes of Health founded the Office of Research on Women's Health to improve exploration of diseases, disorders and conditions that affect women. More than a decade later, in 2001, the Institute of Medicine published a groundbreaking report concluding that every cell in the body has a sex and that it is a fundamental variable to consider in research protocols. This study represented a paradigm shift in the prevention, diagnosis and treatment of diseases in women.

Women's health continues to be less studied than men's health. For instance, 70% of those affected by chronic pain conditions are women, whereas 80% of pain research is conducted on males. Other studies show that resources are often disproportionately allocated to diseases that primarily affect men. Our hope today is to talk about steps that we can take as women to reclaim our health.

As Co-Chairs of this event, we would like to thank our CEO, Sheri Scavone, her staff, and our Committee, whose dedication and passion brought this event to life. Thank you also to our Board members, especially Chair Teresa Bair, for their commitment to our mission. Thank you also to our amazing speakers. We look forward to them sharing their experiences, challenges, and triumphs as they have navigated being women in medicine. Most of all, we thank you – our sponsors and guests. Your support funds our efforts to create significant change in the lives of women in Western New York and beyond.

We believe this is a unique and special time in history for women, and tonight we celebrate the incredible strides that are possible when women join together.

Your Co-Chairs,
Anne Joynt and Elizabeth McPhail





Wilmington Trust and M&T Bank support the people and organizations whose mission is to improve the places and spaces where we live, work, and play. Together, we offer our time and resources and encourage others to join us.

We're proud to support WNY Women's Foundation.

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A Force for Good

Delaware North celebrates the leadership of the WNY Women's Foundation — and the opportunity today to share conversation, build community and find inspiration while taking strides to improve the health of women in our region.

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Introductions by:

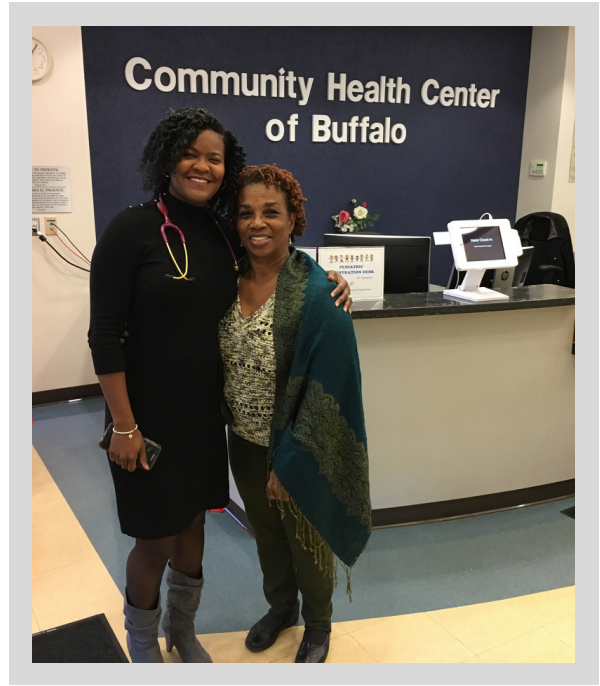
Allison Brashear, MD, MBA



Vice President for Health Sciences and Dean,
Jacobs School of Medicine and Biomedical Sciences at
University at Buffalo

Meet Our Panelists

Kenyani Davis, MD, MPH



Chief Medical Officer, Community Health Center of Buffalo, Inc.

Clinical Assistant Professor, Department of Medicine, Division of General Internal Medicine, Jacobs School of Medicine and Biomedical Sciences, and at the State University of New York at Buffalo School of Public Health

Meet Our Panelists

Myra L. Mathis, MD



General Adult and Addiction Psychiatrist, University of Rochester
Department of Psychiatry

Assistant Professor, Department of Psychiatry, Addiction
Psychiatry, University of Rochester Medical Center

Medical Director, Strong Recovery



Meet Our Panelists

Jennifer D. Roberts, DrPH, MPH



Associate Professor | Physical Cultural Studies
Research Group

Founding Executive Director | Wekesa Earth Center

Co-Director | NatureRx@UMD

Director | Public Health Outcomes and Effects of the
Built Environment Laboratory

Meet Our Moderator



**Tara
Lynch**

Passionate, persistent and prepared, Tara is excited to share the stories of Western New York and her hometown of Buffalo, N.Y. Hailing from Cheshire, Conn., but born in Buffalo, she is no stranger to Upstate New York. Before her time in Buffalo, Tara worked at WIVB/WNLO's sister station in Elmira, WETM, where she anchored 18 News at Noon and reported for the evening newscasts. She also has experience as a producer and digital content creator.

Tara graduated Summa Cum Laude from the Roy H. Park School of Communications at Ithaca College and worked with CNN, ESPN and NBC Connecticut News.

Amid the COVID-19 pandemic, she launched The Next Big Thing, a digital infotainment news show on Instagram designed to share news and entertainment content on social media. From Ginger Zee to Mark Sanchez to Jade Pettyjohn, Tara interviewed several influential people as part of the series.

In her spare time, Tara enjoys playing and watching sports, especially her beloved Buffalo Bills and Buffalo Sabres. You can also find her whipping up tasty treats in the kitchen as a cook and baker. She is excited to be a member of this vibrant community, sharing the stories that matter to viewers.



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Heather Bellini

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BestSelf proudly supports the WNY Women's Foundation in their mission to foster inclusive environments where every woman can learn, earn, lead, and thrive.

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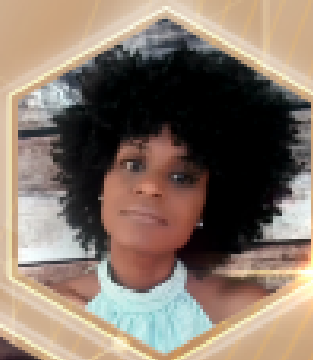
WNY WOMEN'S FOUNDATION

We're **4** the women who inspire
and support our community

Tara
Lynch



Dr. Jennifer D. Roberts



Dr. Myra L. Mathis



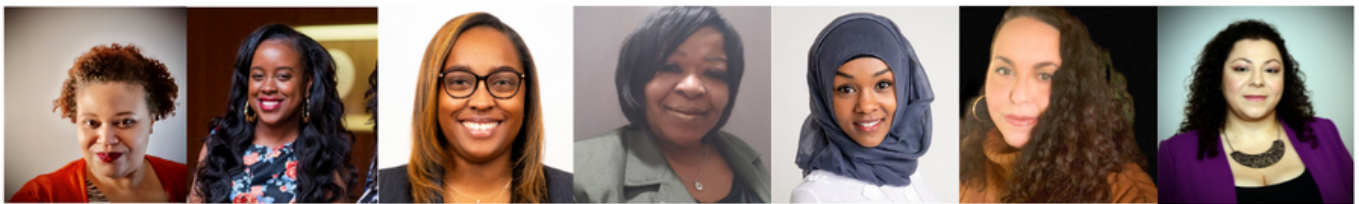
Dr. Kenyani Davis



WE'RE **4** BUFFALO

WOMEN OF COLOR SUMMIT KICK-OFF

Keynote Speaker:
Dominique Goss



Friday, June 9, 2023
9am to 3pm EST
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Breana Crumpler
Vice President, Private Client Advisor II

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*Source: The State of Women-Owned Businesses Report: Summary of Key Trends, American Express, 2019.
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Here's to Difference Makers

Harmac supports the
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in helping women in our community
to grow and flourish to their full
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Bond supports the **WNY Women's Foundation** and its mission to provide women in our community with the resources needed to succeed and truly show **What She's Made Of!**



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**Thank you to our photographers
for capturing all of the inspiring
moments tonight!**



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WNY WOMEN'S FOUNDATION
WOMEN'S LEADERSHIP SUMMIT

September 22, 2023 @ University at Buffalo

Program begins at 12:30pm.



Topics are designed to educate and engage current and future leaders while networking with some of the most influential women in Western New York!



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